



Introduction to Tellington TTouch

A workshop with Tellington TTouch practitioner Carole Bryant

- When:** 12.00 – 4.00 pm, Saturday 27th November
& 9.00 am – 1.00 pm, Sunday 28th November
- Where:** Grafton Showground, Prince Street, Grafton.
- Cost:** \$100 participants with dogs, \$50 observers (workshop will be limited to 12 participants). **Payment is due by 15th November, 2010.**
- Contact:** Carole Bryant, Phone 02 66449326, email: carole@berigorafarm.com.au
- for more information and registration form

What is Tellington TTouch?

Tellington TTouch is a gentle method of body work and movement exercises that positively influences behaviour, performance and wellbeing and deepens the relationship between animals and their people.

When animals don't do what we ask or expect of them it is usually because they are physically, mentally or emotionally unable to do so. Tellington TTouch was developed by American Linda Tellington-Jones, and is based on cooperation and respect, using a combination of touches and ground exercises to improve an animal's physical, mental and emotional balance and wellbeing.

Improving self awareness and releasing tension can help with a wide variety of

behaviour problems (such as lack of confidence, fear, defensive behaviour, fear of thunder, excessive vocalisation, inappropriate chewing and other destructive behaviours); dysfunctional movement patterns and decreased performance potential - allowing the animal to reach its full potential.

Tellington TTouch looks at the possibilities, not the limitations; promotes balance (physical, mental, and emotional); encourages self-carriage, self-control, and self-confidence. Tellington TTouch is a very gentle therapy, suitable for all animals from the very young to the very old and frail. For more information go to www.ttouch.com

About Carole Bryant

Carole Bryant is an accredited Tellington TTouch practitioner (Companion Animals); an Australian Traditional Medicine Society (ATMS) accredited Naturopath who works with people, pets and livestock; a DogsNSW qualified dog obedience instructor and Behavioural Dog Trainer (Delta Society CGC Instructor). She breeds German Shepherd Dogs under her Tristania prefix and competes with her dogs in Obedience, Tracking, Agility, Jumpers, Herding and Endurance competitions, and occasionally shows her dogs.

Carole has a special interest in using natural therapies to improve behaviour and performance in animals. For more information visit her website: www.berigorafarm.com.au

